

# Patient Script: Verifying Insurance Coverage for Weight Management

Use this script when calling your insurance carrier to confirm coverage for medical weight management services. Provide them with the information below and write down their responses, including a reference number for your call.

## Step 1: Provide Your Information

- Name: \_\_\_\_\_
- Date of Birth: \_\_\_\_\_
- Member ID / Group #: \_\_\_\_\_
- Policyholder Name (if different): \_\_\_\_\_

## Step 2: Provide Provider Information

Provider: Dr. Jennifer Schwartz  
Practice: Winning Weight Loss Solutions  
Visit Type: Telehealth (virtual) medical weight management  
NPI: 1447431713  
Practice Location: Needham, MA  
Practice tax ID/EIN: 33-4722431

\*Because Dr. Schwartz has been credentialed with other institutions, it is helpful to provide the practice tax ID to make sure that they are checking under Winning Weight Loss Solutions/Jennifer Schwartz, MD, PLLC

## Step 3: Ask About Coverage for These Codes

### Diagnosis Codes (ICD-10)

- E66.01 – Morbid obesity due to excess calories
- E66.09 – Other obesity due to excess calories
- E66.3 – Overweight
- E66.9 – Obesity, unspecified
- Z71.3 – Dietary counseling and surveillance

### Procedure Codes (CPT)

- 99205, 99215 – Office or telehealth visits
- 99401–99404 – Preventive counseling (15–60 minutes)
- G0447 – Behavioral counseling for obesity (Medicare only)

## Step 4: Ask These Questions

1. Are medical weight management visits for obesity covered under my plan?
2. Are telehealth visits covered the same as in-person visits?
3. Are there any visit limits per year or per diagnosis?
4. What will my out-of-pocket cost be (copay, deductible, coinsurance)?
5. Is a referral or prior authorization required?
6. Are weight-loss medications (GLP-1s, phentermine, etc.) covered, and what criteria apply? It is best to ask this very specific question, “Is Wegovy or Zepbound on my formulary?”

## Step 5: Document the Call

Representative name: \_\_\_\_\_

Date of call: \_\_\_\_\_

Reference number: \_\_\_\_\_

Notes: \_\_\_\_\_